Setting Financial Goals Effectively



1. Circle the number that shows how comfortable you feel in each of the following areas with 0 being low and 10 being high.

| | Low | | | | | | | | | High |
|-------------------|-----|---|---|---|---|---|---|---|---|------|
| Budgeting | 0 | 1 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Debt | 0 | 1 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Credit Score | 0 | 1 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Banking | 0 | 1 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Savings | 0 | 1 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Emergency Savings | 0 | 1 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Major Purchase | 0 | 1 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Insurance | 0 | 1 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Retirement | 0 | 1 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

2. Which one area do you most want to improve?

| Budgeting |
|--------------|
| Debt |
| Credit Score |

| Banking |
|--------------------------|
| Savings |
| Emergency Savings |

| Major Purchase |
|----------------|
| Insurance |
| Retirement |

3. What financial goal could you set for that area?

My goal is _____

4. What could you do to make progress towards that goal?

| In the next week, I will | |
|---------------------------|--|
| In the next month, I will | |



Scan the QR code or visit <u>www.finpathwellness.com/coaching</u> to schedule your confidential financial coaching session at no cost to you!